



2023-2024

Annual Report

**June 18th, 2024
6:00pm**



Organization Overview:

PARTNERS Family Services Inc. is a nonprofit, charitable organization located in the City of Humboldt, Saskatchewan.

PARTNERS Family Services is a family support center which serves the City of Humboldt and 36 surrounding rural communities within a 100 kilometer radius. PARTNERS Family Services believes in building healthy families and communities to prevent interpersonal violence and abuse. PARTNERS Family Services is funded by the Ministry of Justice, Ministry of Social Services and the Saskatchewan Health Authority.

Vision Statement

Caring for People/Bridging Resources/Building Hope

Mission Statement

PARTNERS Family Services is committed to nurturing positive choices that sustain safe and healthy individuals, families and communities through support, education and partnerships

Core Values

CARING through compassion and empathy

COMMITTED to safe and healthy individuals and communities

ACCOUNTABLE in taking responsibility for our decisions and actions

RESPECTFULLY treating people with dignity and equality

Organizational Goals

To increase the capacity of PARTNERS Family Services to deliver current services and programs

To share our vision with organizational and community stakeholders

To increase community services to meet the needs of our growing population

To continue to partner with a variety of community service agencies to have a single access space

307 Main Street – Box 2741 Humboldt, SK S0K 2A0

PH: 306-682-4135

Open Monday-Friday 9am to 4pm



Our History

This grassroots organization originated in 1997, when one of Humboldt's mental health workers received a phone call from a woman who was looking for a support group for survivors of family violence. The mental health worker phoned the Saskatoon Family Support Center. With their help a support group was offered in Humboldt. The response was overwhelming and within three hours there was enough women to offer the first group. At a meeting of community workers in November 1997, it became evident that a partnership was required to supplement and complement services already existing in our rural area.

A partnership with The Centre for Rural Studies and Enrichment, the Universities of Regina and Saskatchewan, and Central Plains Health District enabled a research project entitled, "Domestic Violence and the Experiences of Rural Women in East Central Saskatchewan." The project report recommended that family abuse information be made more readily accessible to families in rural communities.

The PARTNERS for Rural Family Support Centre opened its doors in September of 2001 and has since integrated more extensive partnering with the Departments of Justice, Health, Education, Social Services, Mental Health Services, RESOLVE Saskatchewan, local and regional organizations and agencies, as well as the religious community.

The center has offered support groups for many survivors of family violence in the rural Humboldt area since its inception in 1997. Requests for services have increased steadily and programs have been implemented and delivered to meet those needs depending on funding availability

PARTNERS Family Services continues to work with community service providers to identify, develop, improve and maintain supports to families that live in Humboldt and the surrounding rural region. We see our work as an integral part of healthy community living in rural Saskatchewan.



Programs and Services

Family Support Program:

In home family support and education to increase knowledge of healthy parenting practices

Triple P (Positive Parenting Program):

An evidence-based program for caregivers of children 0-12 years of age delivered individually, in groups or online.

Youth Counselling:

Individual counselling for youth 13-24 years of age focusing on providing practical support to assist youth in reaching their full potential.

Adult Counselling:

Individual counselling for adults 24 years of age who are affected by mental illness, stress or other problems in their daily living.

Domestic Violence Program:

Immediate access to safe supports and services for those experiencing interpersonal violence

Rapid Access Counselling Clinics:

Adult, Child and Youth and Suicide Postvention Rapid Access clinic provide quick access to counselling services in specialized clinics designed to meet the needs of those who present to clinics. No appointments are necessary.

Prevention Programs:

Community based education and awareness campaigns focused on reducing factors that may increase an individual's vulnerability

Family Resource Center:

Community hub for children 0-6 years of age and their caregivers



Our Board of Directors as of March 31st, 2024

Amanda Klitch

CHAIR

Megan Gross

TREASURER

Larry Durand

DIRECTOR

Terry Leibel

VICE CHAIR

Joyce Magnus

DIRECTOR

Cheryl Torwalt

DIRECTOR

Karen Hannah

SECRETARY

Doris Tratch

DIRECTOR

Melissa Dieno

DIRECTOR

PARTNERS Family Services Staff as of March 31st, 2024

Hayley Kennedy – Executive Director

Trina Joa – Administrative Coordinator

Melissa Loehr – Office Reception

Darcy Puetz – Administrative Clerk

Maureen Poncelet – Bookkeeper

Emily Britz, RSW – Social Worker

Crystal Perkins, CCPCP-r – Clinical Counsellor

Dylan Stansfield M. ED - Clinical Counsellor

Alina Lowenberger, RSW – Clinical Counsellor

Jessica Viczko, RSW – Clinical Counsellor (Maternity Leave)

Jackie Otsig, RSW – Program Manager and Clinical Counsellor

Kathy Seipp –Triple P Facilitator

Katie Wallin– Family Support Worker

Dallas Cone – Family Support Worker

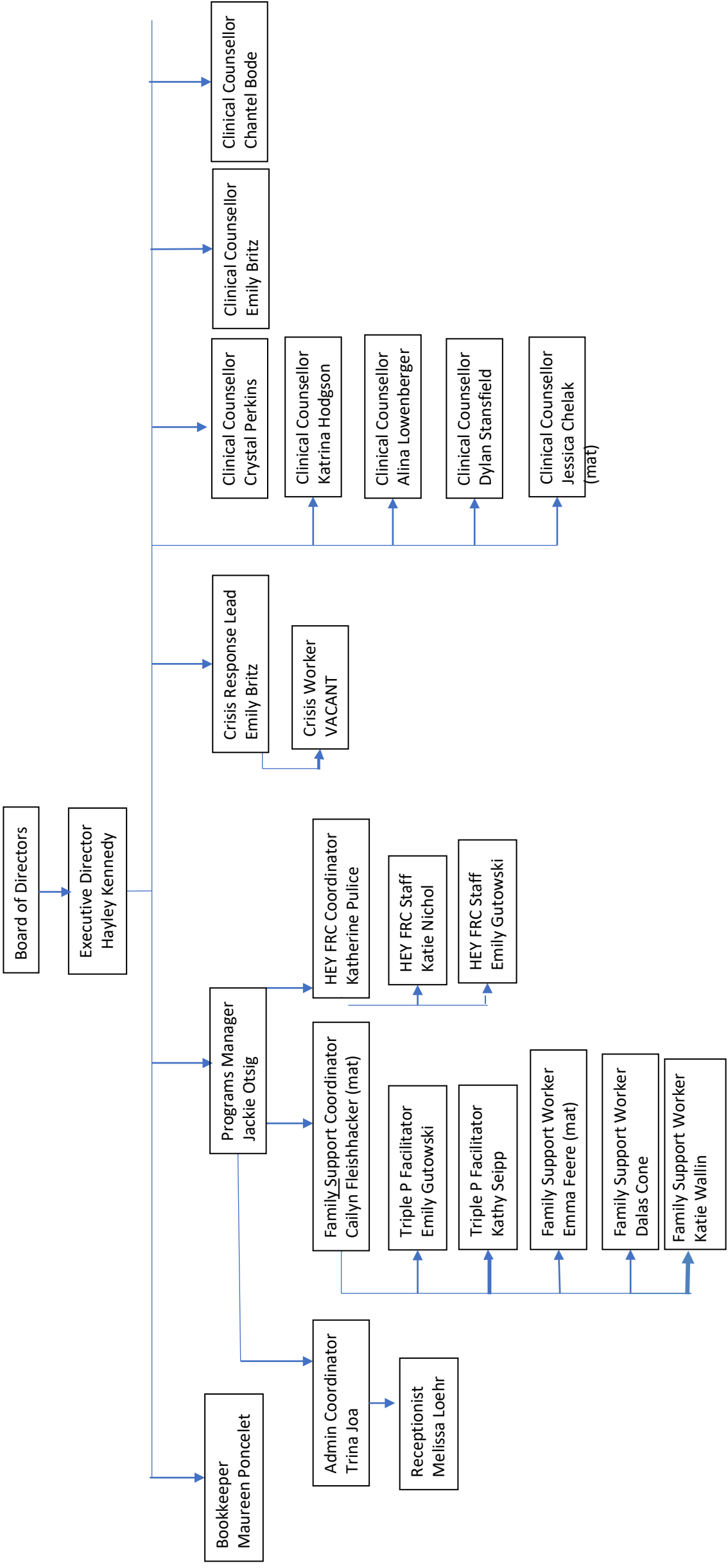
Emma Feere – Family Support Worker (Maternity Leave)

Emily Gutowski – Family Support Worker/TP Facilitator

Cailyn Fleischhacker – Family Support and TP Coordinator – (On Maternity Leave)

Katie Nichol – HEYFRC Facilitator

Katherine Pulice – HEYFRC Coordinator





**PARTNERS Family Services Inc.
Annual General Meeting
307 Main Street, Humboldt, SK
June 18, 2024 6:00pm**

AGENDA

1. Call to Order
2. Adoption of Agenda
3. Adoption of 2022-2023 AGM Minutes
4. Presentation of Audited Financial Statement
5. Appointment of Auditor of Record
6. Chairperson/Board Report
7. Executive Director Report
8. Discussion
9. Adjournment



PARTNERS FAMILY SERVICES INC
2022-2023 ANNUAL GENERAL MEETING
6PM
CHARLESTON ROOM – BELLA VISTA INN

Present: Amanda (Chair), Larry, Terry V, Joyce, Doris, Megan

Regrets: Terry L, Karen

Staff: Hayley, Katrina, Cailyn, Kathy, Trina, Crystal, Katie, Emily, Melissa, Jordyn

Guests: Emily Morrow, CSWB

1. Call to Order – meeting called to order at 6:03pm by Amanda (Chair)
2. Adoption of Agenda – motion to adopt agenda as circulated by Larry, seconded by Terry V. All in favour. Carried.
3. Adoption of 2021-2022 AGM Minutes – motion to adopt Minutes of 21-22 AGM as circulated by Joyce. Seconded by Doris. All in favour. Carried.
4. Presentation of Audited Financial Statement – financial statements as prepared by HSA presented. Motion to approved 2022-23 financial statements as circulated and presented by Terry V, seconded by Doris. All in favour. Carried.
5. Appointment of Auditor of Record – motion to appoint HSA (Andrew Konescni) as Auditor of Record for 2023-24 fiscal year by Megan, seconded by Joyce. All in favour. Carried.
6. Chairperson/Board Report – verbal overview of Chair report provided by Amanda. Motion to adopt Chair report as circulated and spoken to by Larry, seconded by Megan. All in favour. Carried.
7. Executive Director Report – Hayley provided verbal overview of Executive Director report. Motion to adopt Executive Director’s report as circulated and spoken to by Doris, seconded by Terry V. All in favour. Carried.
8. Discussion – other program reports reviewed, highlighting successes and challenges in service delivery for 2022-23 fiscal year. Extensive discussion on the future of crisis intervention and domestic violence services due to growing demand for services but limited funding.
9. Adjournment – motion to adjourn at 6:41pm by Joyce, seconded by Larry.

PARTNERS Family Services Inc.

Financial Statements

For the year ended March 31, 2024

Draft

Management's Responsibility

To the Board of Directors of PARTNERS Family Services Inc. (the "Organization")

Management is responsible for the preparation and presentation of the accompanying financial statements, including responsibility for significant accounting judgments and estimates in accordance with Canadian accounting standards for not-for-profit organizations. This responsibility includes selecting appropriate accounting principles and methods, and making decisions affecting the measurement of transactions in which objective judgment is required.

In discharging its responsibilities for the integrity and fairness of the financial statements, management designs and maintains the necessary accounting systems and related internal controls to provide reasonable assurance that transactions are authorized, assets are safeguarded and financial records are properly maintained to provide reliable information for the preparation of financial statements.

The Board of Directors is composed entirely of Directors who are neither management nor employees of the Organization. The Board is responsible for overseeing management in the performance of its financial reporting responsibilities. The Board fulfills these responsibilities by reviewing the financial information prepared by management and discussing relevant matters with management, internal auditors, and external auditors. The Board is also responsible for recommending the appointment of the Organization's external auditors.

HSA Chartered Professional Accountants LLP is appointed by the Board to audit the financial statements and report directly to them; their report follows. The external auditors have full and free access to, and meet periodically and separately with, both the Board and management to discuss their audit findings.

Hayley Kennedy, Executive Director

Independent Auditor's Report

To the Board of Directors of PARTNERS Family Services Inc. (the "Organization"):

Opinion

We have audited the financial statements of PARTNERS Family Services Inc., which comprise the statement of financial position as at March 31, 2024, the statements of operations, changes in fund balances, and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of PARTNERS Family Services Inc. as at March 31, 2024, and the results of its operations and its cash flows for the year then ended in accordance with the Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with the Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing these financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to a going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Chartered Professional Accountants
Humboldt, Saskatchewan

PARTNERS Family Services Inc.

Statement of Financial Position

As at March 31, 2024

	2024			2023	
	Core Operating Fund	Other Externally Restricted Fund	Externally Restricted Programming Fund	Total	Total
Assets					
Current Assets					
Cash and cash equivalents	\$ 308,693	\$ 78,501	\$ (287,463)	\$ 99,731	\$ 262,036
Short-term investments (note 2)	429,338	-	-	429,338	412,519
Funding receivable	31,941	-	376,358	408,299	73,012
Goods and Services Tax recoverable	8,914	-	-	8,914	2,804
Prepaid expenses	10,351	-	-	10,351	6,713
Accrued interest receivable	10,448	-	-	10,448	9,409
Total Current Assets	799,685	78,501	88,895	967,081	766,493
Restricted cash	-	62,143	-	62,143	115,473
Tangible capital assets (note 3)	-	521	234,820	235,341	-
Total Assets	799,685	141,165	323,715	1,264,565	881,966
Liabilities and Fund Balances					
Current Liabilities					
Accounts payable and accrued liabilities (note 4)	82,524	-	-	82,524	63,274
Total Liabilities	82,524	-	-	82,524	63,274
Fund Balances	717,161	141,165	323,715	1,182,041	818,692
Total Liabilities and Fund Balances	\$ 799,685	\$ 141,165	\$ 323,715	\$ 1,264,565	\$ 881,966

Commitments (note 5)

Approved on Behalf of the Board:

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Statement of Operations

For the year ended March 31, 2024

	2024			2023	
	Core Operating Fund	Other Externally Restricted Fund	Externally Restricted Programming Fund (Schedule 1)	Total	Total
Revenue					
Program revenue	\$ 146,419	\$ -	\$ 1,212,387	\$ 1,358,806	\$ 1,027,469
Donations and grants	18,001	95,628	-	113,629	190,716
Fundraising	21,205	-	-	21,205	-
Interest	17,859	2,511	-	20,370	11,542
Total revenue	203,484	98,139	1,212,387	1,514,010	1,229,727
Expenses					
Salaries and wages	31,941	96,012	731,474	859,427	859,670
Rental	10,518	7,392	118,220	136,130	77,490
Office	4,416	1,562	25,099	31,077	26,111
Program supplies	1,968	2,601	23,227	27,796	35,808
Travel	3,710	1,802	21,768	27,280	30,608
Training	740	13,742	5,550	20,032	12,109
Utilities	456	199	14,190	14,845	11,981
Professional fees	750	500	9,347	10,597	4,883
Insurance	979	490	8,913	10,382	12,567
Memberships and licenses	400	246	3,486	4,132	3,162
Contract wages	-	1,360	2,500	3,860	38,023
Amortization	-	58	1,599	1,657	-
Fundraising	1,639	-	-	1,639	948
Advertising and promotion	156	80	1,319	1,555	1,603
Interest and bank charges	-	-	252	252	296
Government amounts repaid	-	-	-	-	19,997
Total expenses	57,673	126,044	966,944	1,150,661	1,135,256
Excess (deficiency) of revenue over expenses	\$ 145,811	\$ (27,905)	\$ 245,443	\$ 363,349	\$ 94,471

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Statement of Changes in Fund Balances

For the year ended March 31, 2024

	2024			2023	
	Core Operating Fund	Other Externally Restricted Fund	Externally Restricted Programming Fund	Total	Total
Fund balances, beginning of year	\$ 571,350	\$ 169,070	\$ 78,272	\$ 818,692	\$ 724,221
Excess (deficiency) of revenue over expenses	145,811	(27,905)	245,443	363,349	94,471
Fund balances, end of year	\$ 717,161	\$ 141,165	\$ 323,715	\$ 1,182,041	\$ 818,692

Draft

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Statement of Cash Flows

For the year ended March 31, 2024

	2024	2023
Cash flows from operating activities:		
Cash receipts from programming, donations and events	\$ 1,158,353	\$ 1,208,575
Cash paid to suppliers and employees	(1,133,140)	(1,124,345)
Interest received	19,331	1,828
Interest paid	(252)	(296)
Goods and Services Tax	(6,110)	(480)
Total cash flows from operating activities	38,182	85,282
Cash flows from investing activities:		
Purchase of tangible capital assets	(236,998)	-
Purchase of term deposits	(854,307)	(412,519)
Proceeds from maturity of term deposits	837,488	412,519
Cash transferred to restricted cash, net	53,330	(1,084)
Total cash flows from investing activities	(200,487)	(1,084)
Increase (decrease) in cash and cash equivalents	(162,305)	84,198
Cash and cash equivalents, beginning of year	262,036	177,838
Cash and cash equivalents, end of year	\$ 99,731	\$ 262,036

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Notes to Financial Statements

For the year ended March 31, 2024

PARTNERS Family Services Inc. (the "Organization") was incorporated under the Non-Profit Corporations Act of Saskatchewan on November 27, 2000. Its principal business activity is to provide support for individuals and families in order to build a healthy community within Saskatchewan. As a registered charity, the Organization is not subject to income tax.

1. Significant accounting policies

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations and include the following policies:

a. Fund accounting

Revenues and expenses related to non-government program delivery and administrative activities are reported in the Core Operating Fund.

The Other Externally Restricted Fund relates to funding from the Community Initiatives Fund, the RBC Foundation, and the Canadian Women's Foundation intended for future capital and specified operating expenses.

The Externally Restricted Programming Fund relates to funding from the Ministry of Social Services ("MSS"), Ministry of Justice ("MoJ"), Saskatchewan Health Authority ("SHA"), Department for Women and Gender Equality ("WAGE"), Department of Justice Canada ("JC"), Horizon School Division ("HSD") and the John Howard Society of Saskatchewan contracts. Contract funding received in excess of government-approved expenditures in any year is removed from income and recorded in the Government funding repayable account until repaid. Upon approval by the ministries, a portion of the repayable funding can be retained but the funding remains restricted until the ministries approves of the use.

b. Use of estimates

The preparation of financial statements requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. The valuation of funds receivable and the carrying value and useful lives of tangible capital assets are subject to estimates. Actual results could differ from those estimates and may have impact on future periods.

c. Financial instruments

Financial instruments, including cash and cash equivalents, short-term investments, funding receivable, accrued interest receivable, restricted cash, and accounts payable and accrued liabilities initially recorded at fair value on recognition, and subsequently recorded at cost or amortized cost, unless management has elected to carry the instruments at fair value. The Organization has not elected to carry any such financial instruments at fair value.

d. Cash and cash equivalents

Cash and cash equivalents includes cash on hand and cash on deposit net of outstanding cheques.

e. Investments

Short-term investments consist of term deposits with maturity dates ranging from 91 days to twelve months from the date of acquisition.

PARTNERS Family Services Inc.

Notes to Financial Statements

For the year ended March 31, 2024

1. Significant accounting policies (continued)

f. Tangible capital assets

Tangible capital assets are recorded at cost. Amortization is provided using the declining balance method at rates intended to amortize the cost of the tangible capital assets over their estimated useful lives, as follows:

Office equipment	20%
Computer equipment	55%

g. Restricted cash

Any cash that is restricted from use is recorded in restricted cash. Cash is considered restricted when it is subject to contingent rights of third parties. Restricted cash is held to be used based on the various programs the Organization delivers. Due to the uncertainty of when the cash will be used, all amounts in restricted cash is classified as a long-term asset.

h. Revenue recognition

The Organization follows the restricted fund method of accounting for contributions.

Restricted government program contributions are recognized as revenue in the year in which the related expenses are incurred in respect to project contracts. Excess funding received during the year is transferred to the Government funding repayable account until it is deemed to be repaid or upon approval by the ministries, is retained and remains restricted until the ministries approves of its use.

Donations, grants and fundraising revenue are recognized as revenue in the fund it relates to when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. No in-kind donations were received in 2024 or 2023.

Interest revenue is recognized in the fund it relates to as earned.

i. Donated materials and services

Donated materials and services are not recognized in these financial statements.

2. Short-term investments

Investments consist of a term deposit held at Conexus Credit Union, with interest at 4.75% (2023 - 3.24%), maturing September 2024.

3. Tangible capital assets

Tangible capital assets consist of the following:

	Cost	Accumulated Amortization	2024 Net Book Value	2023 Net Book Value
Office equipment	\$ 5,379	\$ (538)	\$ 4,841	\$ -
Computer equipment	4,069	(1,119)	2,950	-
Leasehold improvements - in progress	227,550	-	227,550	-
Total	\$ 236,998	\$ (1,657)	235,341	\$ -

4. Accounts payable and accrued liabilities

PARTNERS Family Services Inc.

Notes to Financial Statements

For the year ended March 31, 2024

4. Accounts payable and accrued liabilities (continued)

Included in accounts payable and accrued liabilities are government remittances in the amount of \$26,120 (2023 - \$27,996) related to payroll related taxes and withholdings.

5. Commitments

The Organization leases a premises from Humboldt Holdings Inc. under a long-term operating lease, expiring June 30, 2024, which is renewed yearly and requires the Organization to pay utilities. Minimum lease payments for 2025 are \$21,420.

The Organization leases a premises from 102058198 Saskatchewan Ltd. under a long-term operating lease, expiring November 30, 2028, which is renewed every five years and requires the Organization to pay utilities. Minimum lease payments are as follows:

2025	\$78,120
2026	\$78,120
2027	\$78,120
2028	\$78,120
2029	\$78,120

The Organization leases two photocopiers from Konica Minolta under long-term operating leases expiring in 2025. Future minimum lease payments for 2025 on these leases are \$7,178.

6. Pension Plan

The Organization provides benefits to certain employees through participation in a Defined Contribution Pension Plan. The Organization paid \$51,179 (2023 - \$72,750) in the current year. The Organization's financial obligation to the plan is limited to making required payments to match amounts contributed by employees for current services.

7. Economic dependence

The Organization completes approximately 84% (2023 - 82%) of its services with three funding agencies, the Ministry of Social Services, Justice Canada, and Ministry of Justice (Government of Saskatchewan). Should the Government substantially change its dealings with the Organization, management would need to reassess the future of viable operations. Additional reserves are being set aside to reduce the reliance on the Government departments, although the work performed with these departments forms the basis of the Organization.

8. Financial instrument risk

The Organization is exposed to the following significant risk through its use of financial instruments:

Liquidity risk: The Organization's exposure to liquidity risk is dependent on its ability to continue to generate funds to meet commitments and sustain operations, including continued support from the Government. There has been no substantial change to liquidity risk compared to the prior year.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 1 - Summary of Schedules - Externally Restricted Programming Fund

	2024	2023
Revenues		
Triple P (Schedule 2)	\$ 79,600	\$ 77,282
Family Support (Schedule 3)	137,701	123,661
Diversion (Schedule 4)	44,800	43,495
Counselling, Support, and Education (Schedule 5)	118,878	115,416
Leadership (Schedule 6)	53,267	51,716
Partnership Innovation Program (Schedule 7)	-	147,499
Family Violence Outreach (Schedule 8)	55,334	53,722
Rapid Access Clinics (Schedule 9)	112,141	86,171
WAGE Project (Schedule 10)	83,333	83,333
Justice Partnership and Innovation Program (Schedule 11)	75,142	75,142
Early Years Family Resource Centre (Schedule 12)	164,501	157,339
Integrated Youth Services (Schedule 13)	287,690	-
Total revenues	1,212,387	1,014,776
Expenses		
Triple P (Schedule 2)	79,374	77,246
Family Support (Schedule 3)	136,831	149,684
Diversion (Schedule 4)	44,021	43,865
Counselling, Support, and Education (Schedule 5)	117,959	119,416
Leadership (Schedule 6)	53,267	51,716
Partnership Innovation Program (Schedule 7)	-	147,499
Family Violence Outreach (Schedule 8)	54,760	53,722
Rapid Access Clinics (Schedule 9)	99,377	92,791
WAGE Project (Schedule 10)	104,478	61,055
Justice Partnership and Innovation Program (Schedule 11)	74,302	75,142
Early Years Family Resource Centre (Schedule 12)	145,469	138,754
Integrated Youth Services (Schedule 13)	57,106	-
Total expenses	966,944	1,010,890
Excess of revenues over expenses	\$ 245,443	\$ 3,886

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 2 - MSS - Triple P

	2024	2023
Revenue	\$ 79,600	\$ 77,282
Expenses		
Salaries and wages	59,248	57,521
Rental	8,580	7,143
Office	2,945	3,180
Travel	2,065	2,269
Program supplies	2,050	3,708
Professional fees	1,533	603
Utilities	1,403	1,490
Insurance	797	851
Training	503	183
Advertising and promotion	250	98
Contract wages	-	200
Total expenses	79,374	77,246
Excess of revenue over expenses	\$ 226	\$ 36

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 3 - MSS - Family Support

	2024	2023
Revenue	\$ 137,701	\$ 123,661
Expenses		
Salaries and wages	110,458	107,239
Travel	12,473	14,589
Rental	5,731	2,358
Office	2,958	1,224
Utilities	1,849	1,869
Program supplies	1,819	3,781
Insurance	839	2,033
Professional fees	299	-
Training	225	446
Advertising and promotion	110	148
Amortization	70	-
Government amounts repaid	-	15,997
Total expenses	136,831	149,684
Excess (deficiency) of revenue over expenses	\$ 870	\$ (26,023)

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 4 - MSS - Diversion

	2024	2023
Revenue	\$ 44,800	\$ 43,495
Expenses		
Salaries and wages	35,858	34,814
Rental	2,470	522
Travel	2,021	4,819
Utilities	1,149	870
Office	948	243
Insurance	829	1,257
Program supplies	686	915
Amortization	60	-
Training	-	280
Advertising and promotion	-	145
Total expenses	44,021	43,865
Excess (deficiency) of revenue over expenses	\$ 779	\$ (370)

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 5 - MSS - Counselling, Support, and Education

	2024	2023
Revenue	\$ 118,878	\$ 115,416
Expenses		
Salaries and wages	86,953	85,310
Rental	14,636	17,984
Program supplies	3,264	2,484
Contract wages	2,400	1,440
Office	2,367	1,485
Travel	1,670	712
Memberships and licenses	1,586	163
Utilities	1,515	1,379
Insurance	1,319	1,933
Professional fees	1,100	1,327
Training	1,016	1,052
Advertising and promotion	73	147
Amortization	60	-
Government amounts repaid	-	4,000
Total expenses	117,959	119,416
Excess (deficiency) of revenue over expenses	\$ 919	\$ (4,000)

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 6 - MSS - Leadership

	2024	2023
Revenue	\$ 53,267	\$ 51,716
Expenses		
Salaries and wages	52,212	50,692
Rental	531	-
Utilities	217	346
Office	174	528
Training	63	-
Travel	50	-
Program supplies	20	150
Total expenses	53,267	51,716
Excess of revenue over expenses	\$ -	\$ -

Draft

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 7 - MoJ - Partnership Innovation Program

	2024	2023
Revenue	\$ -	\$ 147,499
Expenses		
Salaries and wages	-	120,421
Rental	-	12,464
Program supplies	-	2,936
Office	-	2,852
Utilities	-	2,321
Training	-	2,037
Travel	-	1,768
Insurance	-	1,710
Professional fees	-	523
Memberships and licenses	-	250
Advertising and promotion	-	206
Interest	-	11
Total expenses	-	147,499
Excess of revenue over expenses	\$ -	\$ -

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 8 - MoJ - Family Violence Outreach

	2024	2023
Revenue	\$ 55,334	\$ 53,722
Expenses		
Salaries and wages	41,260	40,058
Rental	6,637	7,005
Program supplies	2,017	3,080
Office	1,546	844
Travel	1,442	889
Memberships and licenses	500	300
Professional fees	450	252
Utilities	380	337
Insurance	276	395
Advertising and promotion	147	171
Amortization	55	-
Training	50	391
Total expenses	54,760	53,722
Excess of revenue over expenses	\$ 574	\$ -

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 9 - SHA - Rapid Access Clinics

	2024	2023
Revenue	\$ 112,141	\$ 86,171
Expenses		
Salaries and wages	80,857	76,219
Rental	9,968	8,875
Office	2,477	1,828
Program supplies	1,725	1,757
Insurance	991	645
Memberships and licenses	650	1,827
Utilities	611	377
Professional fees	600	-
Training	538	115
Travel	463	748
Interest and bank charges	252	276
Advertising and promotion	165	124
Amortization	80	-
Total expenses	99,377	92,791
Excess (deficiency) of revenue over expenses	\$ 12,764	\$ (6,620)

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 10 - WAGE Project

	2024	2023
Revenue	\$ 83,333	\$ 83,333
Expenses		
Salaries and wages	78,887	46,212
Rental	13,222	8,756
Office	3,595	1,030
Professional fees	2,400	500
Program supplies	1,974	1,732
Utilities	1,343	539
Insurance	1,282	858
Travel	720	39
Memberships and licenses	400	100
Training	373	1,151
Advertising and promotion	197	138
Amortization	85	-
Total expenses	104,478	61,055
Excess (deficiency) of revenue over expenses	\$ (21,145)	\$ 22,278

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 11 - JC - Justice Partnership and Innovation Program

	2024	2023
Justice Partnership and Innovation Program	\$ 75,142	\$ 75,142
Expenses		
Salaries and wages	56,091	54,891
Rental	8,782	9,847
Office	3,504	3,658
Program supplies	1,469	2,209
Professional fees	1,100	400
Utilities	943	1,178
Training	752	228
Insurance	733	524
Memberships and licenses	350	400
Travel	319	1,709
Advertising and promotion	189	98
Amortization	70	-
Total expenses	74,302	75,142
Excess of revenue over expenses	\$ 840	\$ -

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 12 - HSD - Early Years Family Resource Program

	2024	2023
Revenue	\$ 164,501	\$ 157,339
Expenses		
Salaries and wages	125,464	110,469
Program supplies	8,203	12,497
Office	4,470	8,608
Training	1,965	1,116
Professional fees	1,865	1,278
Insurance	1,547	2,361
Utilities	1,242	1,167
Travel	425	699
Advertising and promotion	188	328
Contract wages	100	200
Memberships and licenses	-	22
Interest and bank charges	-	9
Total expenses	145,469	138,754
Excess of revenue over expenses	\$ 19,032	\$ 18,585

The accompanying notes are an integral part of these financial statements.

PARTNERS Family Services Inc.

Schedules

For the year ended March 31, 2024

(Unaudited)

Schedule 13 - John Howard Society of Saskatchewan - Integrated Youth Services

	2024	2023
Revenue	\$ 287,690	\$ -
Expenses		
Rental	47,663	-
Salaries and wages	4,186	-
Utilities	3,538	-
Amortization	1,119	-
Insurance	300	-
Travel	120	-
Office	115	-
Training	65	-
Total expenses	57,106	-
Excess of revenue over expenses	\$ 230,584	\$ -

Draft

The accompanying notes are an integral part of these financial statements.



Board Chair Report

2023-2024 Year in Review

2023-2024 was an exciting year of growth and development for PARTNERS Family Services. As the Chair, I would like to express my sincere gratitude for to both staff and our volunteer Board of Directors for their dedication to the organization.

Service delivery excellence remains the highest priority for PARTNERS Family services, as highlighted in the program reports submitted by our staff. Need for our services continues to outpace our funding resources, and staff have been steadfast in their commitment to finding creative and innovative ways to meet the needs of clients, despite these limitations.

While sufficiently resourcing our staff to deliver vital services remains an ongoing challenge, we have to celebrate the successes we have had in supporting our communities. As we serve more clients with more complex needs, we have increased the availability of our services and deepened our connections with our partners. We have successfully secured a new funding opportunity that will allow us to open a dedicated Integrated Youth Services site, focusing on meeting the unique needs of young people 12-25 years of age.

I would like to extend a thank you and well wishes on behalf of the Board to our outgoing director – Karen Kennedy Allin. We appreciate your time and commitment to PARTNERS Family Services and wish you the very best going forward.

As we look ahead to 2024-2025, we welcome the opportunity to open the new site, while continuing to ensure our existing core services are stable and appropriately resourced. As our organization grows, the Board of Directors remains committed to good governance and financial and contractual oversight. In doing this important governance work, we support our frontline staff in fulfilling our commitment to our mission – safe, healthy and well supported individuals, families and communities.

As a Board, we are committed to continuing to share our insights, expertise and passion to support the work of PARTNERS Family Services. We look forward to welcoming one new Director the Board this year, and working in collaboration with our Executive Director to continue this important work.

Amanda Klitch, Chair



Executive Director Report 2023-2024 Year in Review

The 2023-2024 fiscal year was another successful year for PARTNERS Family Services Inc as the organization focused on its core values of CARING, COMMITTED, ACCOUNTABLE and RESPECTFUL as we continue to work with individuals, families, communities and organizations in Humboldt and Area.

As we have for the past 9 years, PARTNERS continues to see growth in demand for all of our services, including in home supports, parenting supports, clinical counselling and crisis intervention supports. We also continue to distribute harm reduction supplies which has been instrumental in creating meaningful relationships with the most vulnerable people in our communities.

We continue to work to meet our clients needs in the way that works best for them – offering services virtually, in office, in homes, in our resource centre and in community. We remain unique in our approach to clients, and it is our commitment to meeting people where there at, without judgement, that makes PARTNERS so impactful.

We were pleased to introduce 2 new programs in the 23-24 fiscal year, both in partnership with Family Service Saskatchewan. Child and Youth Rapid Access Counselling will allow us to provide quick and meaningful access to mental health services for children 6 to 17 years of age and their caregivers. This ongoing program is the first time PARTNERS has dedicated funding specifically to meet the needs of children and youth. Additionally, Support for Those Who Have Experienced Suicide Loss launched late in the fiscal year. Another rapid access counselling program, this highly specialized service provides crisis intervention and ongoing counselling for those who have lost a loved one to suicide.

We also successfully secured the funding for Integrated Youth Services, a national initiative that is new to Saskatchewan. Integrated Youth Services is a model of care tht puts young people 12 to 25 years of age at the centre of the care, and brings holistic wrap around services to them in a single location. Services are expected to launch in the 2024-2025 fiscal year and will include mental health and addictions counselling, crisis intervention, primary health care services, education and employment supports, cultural supports and other identified community-based services.

Like previous years, lack of government financial support has left our ability to respond to crisis in a precarious place – crisis demands are growing, but our team is limited. This often means staff who are unfunded for crisis work back fill to support their colleague. Crisis services have become more complex and more high risk for our staff over the past year, with growing issues with substance use, violence, and severe mental health issues. These issues are particularly prevalent when responding to individuals who are experiencing, or at risk of experiencing, domestic violence. We recognize that these issues are growing across the province and are pleased we have been able to engage in meaningful dialogue with our funder over the past year to begin to address this significant issue.



PARTNERS Family Services continues to rely heavily on strong partnerships in our communities and in our province. Our organization continued to be actively involved at the provincial level as members of Family Service Saskatchewan, Sexual Assault Services of Saskatchewan, STOPS to Violence and Provincial Association of Transition Houses and Services. It is through these provincial organizations we are able to work with other similar CBOs to ensure the needs of anti-violence and family service organizations are brought forth to government with a collective voice and continue to work together to promote excellence in service delivery.

As we look ahead to 2024-25, we will be focused on bringing our new programs to full capacity, as well as launching the much-anticipated Integrated Youth Services site. We'll be relocating to a new home to provide adequate space for service delivery, while ensuring that our overhead costs remain sustainable. We'll continue to build on internal capacity through training and developing our staff and continue to advocate for sufficient resources to meet the needs of our most vulnerable clients. Most importantly, we will continue to foster partnerships across our communities to work in collaboration with other organizations that share our values and vision.

I look forward to continuing to work with our dedicated Board of Directors and extend my thank you to each member who has dedicated their time, energy and expertise to the organization over the past year. I wish Karen the very best as she moves on from the Board and welcome the opportunity to engage with the incoming Director.

PARTNERS Family Services is a vital organization in rural central Saskatchewan, and that is a result of the incredible team of front line staff we employ. Every individual we employ shows up each day, prepared to go above and beyond to support both our clients and the organization as a whole. Their efforts are tireless and unwavering, always professional, creative and impactful. I want to acknowledge their adaptability and resilience, especially during our most challenging days. Their ability to navigate and overcome obstacles demonstrates their unwavering commitment to the work that we do and it is their resilience that inspires our clients and communities to continue to move forward.

It has been an absolute privilege to work alongside our Board of Directors and with our staff each day. The growth of the organization in the past year has been the most significant in my 9 years with the organization, and I look forward to seeing our staff and organization continue to thrive in the coming year.

Hayley Kennedy, Executive Director



Clinical Counselling Program Report 2023 – 2024 Year in Review

Successes

PARTNERS continues to employ a very diversely educated Counselling team to be able to offer a broad range of support services to those living within the service area. The Counselling staff work hard to improve their skills, learn new strategies and to keep up with new research in Mental Health.

Remote services continue to be available as an option to receive much needed support. This helps alleviate the barrier of travel, shortage of time and also anxieties related to in-person appointments.

Counselling Services continue to be delivered with a client led model, meaning clients direct the path of their support. This produces long-term positives changes within the client and in turn their families and communities. It also helps clients feel a sense of ownership over their treatment and encourages them to invest in their wellbeing by taking steps towards their goals outside of counselling sessions.

Challenges

The demand for service continues to outweigh the resources available. Clients continue to experience long wait lists and little to no accessibility to psychological assessment, psychiatric evaluation, or family counseling. We are working to improve access to couples counselling, which will help us better support many cases where individual counselling is unlikely to be effective.

Helping clients navigate systemic barriers continues to be a struggle for both the Counsellors and the client. Clients can find themselves struggling to understand Government programming and policy leading to a lot of time with the Counsellor trying to secure funding/benefits. In many cases, available resources may be insufficient to address client needs. Deficits in housing, food, and security can exacerbate existing mental health conditions and pose significant barriers for treatment.

Trends in Client Needs

A lot of session time is spent working through symptoms of depression and anxiety. These symptoms can range from a nuisance to debilitating and not being able to earn an income. Counsellors work with clients and their medical team to help support them in a way the client identifies as appropriate.

Many clients attending therapy have extensive trauma histories and have had little to no mental health treatment prior to connecting with PARTNERS. While “better late than never” is absolutely true of seeking mental health support, issues can be much more difficult to address when compounded over time.

Dylan Stansfield, M. Ed - Clinical Counsellor
Crystal Perkins CCPCP-r - Clinical Counsellor



Family Support Services Report 2023-2024 Year in Review

The Government of Saskatchewan funds the PARTNERS Family Support Program. Our Family Support Workers provide support to families in many different areas including but not limited to basic life skills and parenting strategies that encourage a healthy home environment. Our workers work with families in their homes and in the community to achieve positive outcomes.

Family Support Services include:

- In-home support- Our staff provides a hands-on approach to guide in problem solving, positive parenting and basic life skills.
- Supervised visits- These visits take place in our office or community when deemed necessary by the Ministry of Social Services.
- Our Family Support Program provides services to Ministry clients and Diversion (prevention) clients. Client referrals come from the Ministry, self-referrals, health care, or other human/community-based services.

The Program Manager is responsible for providing monthly statistical reports to the Ministry of Social Services which provide details of family support hours, expenses, kilometers covered and contracted hours. Our program saw many challenges regarding our families in need but, we pulled together to provide the resources needed in collaboration with other community agencies. This fiscal year we provided services to 185 families and 533 children that had ministry files, and 16 families and 35 children who had diversion (prevention) files. Our program remains to have a strong collaborative relationship with the rural Ministry of Social Services staff to complete common case plan goals.

Jackie Otsig, RSW - Program Manager



Child Youth and Caregivers Rapid Access Counselling 2023-2024 Year in Review

As part of the Family Service Saskatchewan initiative, we launched Child and Youth Rapid Access Counselling in September 2023. The service is targeted to children 6 to 17 years of age and their caregivers. Services are intended to be quickly accessible, and support young people in both their mental wellness as well as accessing other services they may need.

Prior to the launch of this service, we were relying on grant funding to deliver services for children and youth. This new funding allows us to consistently provide services for young people across our service zone, with dedicated clinics in Humboldt and Wynyard, as well as remote service options. Bringing this rapid access service online has helped us to reduce wait times and keep our wait list open and reasonable, which was a significant issue in the previous fiscal year. Since the launch of the program, our utilization rate has been 100% in Humboldt and remotely, and has trended upwards in Wynyard to approximately 80% as we reached the end of the year.

This year, we have seen a continued trend of ongoing anxiety (especially social anxiety) and depression with young people. We have also seen an increase in those seeking services to address addiction and grief. We rely heavily on a collaborative approach to care, working alongside education, health and other community supports to address the needs of children and youth.

Staff delivering service under this program are all trained in Theraplay, a specific approach of play therapy that engages both the child and the caregiver in therapeutic services to both improve the child's wellness as well as the relationship between the child and caregiver. Additionally, staff have taken extensive training in behavior management, child grief, adolescent addictions and collaborative case management.

As we look ahead to the coming year, we will focus on collaborating with in-home support and in-school programming and counselling services to provide additional support to students and families struggling with attendance and communication. We will work to build further capacity with other community based services to understand the need for child and youth specific services and ensure referrals into the program as seamless from other organizations. We'll also be seeking opportunities to increase the availability of clinics in Humboldt due to the strong demand for services.

Emily Britz, RSW



PARTNERS
FAMILY SERVICES
Rapid Access Counselling (RAC) Report

2023-2024 Year In Review

The PARTNERS Family Services Rapid Access Counselling (RAC) clinics are in partnership with the Family Service Saskatchewan. The RAC program provides quick access to brief, solution-focused counselling services to address clients' needs, without waiting for services. Our RAC counsellors work with clients through a variety of challenges – depression, anxiety, stress, relationship issues, domestic violence, substance use, and grief/loss are consistent trends. Our RAC program continues to excel in high utilization and attendance rates.

At this time, our service area clinics are in Wynyard on Tuesdays and Thursdays, Humboldt on Wednesdays and a virtual clinic offered on Fridays. Additionally, we have been offering RAC sessions to staff at the BHP Jansen Mine Development Site since November 2022; and added an in-person Maternal Mental Health RAC program in January 2024 on Monday mornings, at our Early Years Family Resource Centre.

Successes

- High utilization of remote counselling services has continued to prove the accessibility and effectiveness of virtual counselling services. Service users within our own area know about, and have access to, virtual counselling that is accessible to them.
- Last year, 851 RAC sessions were available and 654 people were serviced through the RAC program. Out of these available appointments, 69.8% were completed – the remainder of these sessions would have been cancelled, 24-hour cancelled, or no-show appointments.
- Service utilization from our Indigenous communities through remote services.
- Partnership with Counselling Connect Saskatchewan to reduce barriers for clients to access services across Saskatchewan, particularly in rural and remote communities.
- Most clients' concerns are addressed within 1-6 sessions, maintaining solution-focused counselling, and reducing the pressure on ongoing counselling services.
- Couples and families have access to counselling sessions that ongoing counselling services are unable to provide. Last year, 13.04% of sessions were servicing couples and/or families.
- Monthly RAC counsellor meetings with services providers with RAC programs across Saskatchewan to discuss updates, client trends and come together to problem solve possible concerns. This is a unique program within the province and the guidance and collaboration with other counsellors is an important part of staying updated.
- Utilization of Better Outcomes Now PCOMS scales. These scales work with clients to monitor solution-focused change with the Outcomes Rating Scale (ORS) and the Session Rating Scale (SRS) aims to engage clients in discussion around how the counsellor can best meet their needs in session.

Challenges

- No shows, 24-hour cancellations and cancellations upon appointment times continue to be a challenge. Court-mandated RAC sessions have a trend to be high for no show and late cancellations.
- RAC sessions consistently booking 2-3 weeks ahead of time. This leaves limited, to no, space for emergency rapid access counselling.
- Clients seeking ongoing services for suicidal ideation, mood disorders, addictions, and significant traumas. For clients residing in our service area, we can refer to our ongoing program. Unfortunately, most Family Service agencies do not offer the same services. This results in clients accessing RAC for needs that are likely beyond the solution-focused, brief therapy, modality. RAC counsellors attempt to address these challenges and work with the client to find appropriate ongoing support, if possible.

Jansen Mine Development Site Rapid Access Counselling

PARTNRS Family Services has been offering in person RAC services to all staff on the Jansen Mine Development Site since November 2022. This service began after BHP initiated a request with PFS to offer mental health support to their staff. Having the RAC service on-site allows all staff access to timely support as well as collaborative efforts with the site clinic, security and company human resources branches.

Since its inception, PFS has offered 322 in person sessions, 216 sessions have been booked. These sessions are individually booked through an app accessible by QR code. Our staff offer daytime appointments, as well as evening appointments to attempt to accommodate the varying shift work schedules.

Primary concerns coming up through the 216 sessions are focused on addiction, anxiety, family stress as well as workplace stress. The counsellor works with clients to identify resources available to them, as many of the clients live in varying parts of the country. EAP/EFAP information is always provided as an option, as well as continuing to utilize the on-site RAC services.

Along with in-person counselling, PFS staff have been available to BHP for after-hours crisis support as Jansen Mine Development Site sits within the Partners Family Services service area.



Maternal Mental Health Rapid Access Counselling

Humboldt Early Years Family Resource Centre staff approached PFS staff with concerns around mothers accessing the resource centre that needed counselling supports and were met with barriers to services lacking childcare. This started the Mom Moment RAC program at HEYFRC in January 2024 on Monday mornings. Mothers can attend RAC sessions in-person at the centre and childcare is available. The program has had consistent attendance and staff will continue to evaluate and evolve the program based on needs.

Alina Lowenberger, RSW, Clinical Counsellor
Crystal Perkins – CCPCP-r – Clinical Counsellor



Support Services Program Report 2023-2024 Year in Review

Successes

- Building rapport with people who need extra support by providing a safe, judgement free space where they can access what they need.
- Educating people on safe use and overdose prevention by taking the time to speak with people and go over safe usage.
- Having access to supplies such as Naloxone to help keep people safe.
- Positive working relationships with the RCMP and Humboldt and District Hospital to ensure effective transfer of client care and collaboration.
- Continuing to be seen as a safe place for people to access when feeling most vulnerable and seeking support.
- Strong relationships with clients who refer others to our care
- Continuing to house multiple supports and multi-disciplinary staff to give those accessing services the best care possible.

Challenges:

- Accessing safe shelter space when needed to remove women and children from at risk situations.
- More violence being seen in family units
- Limited resources for men who are seeking supports such as housing or transportation out of Humboldt.
- Limited housing options for those who do not qualify with Humboldt Housing Authority, don't have reliable transportation and/or have limited funds.
- Staffing shortages in all areas of support services including RCMP, hospital staff/bed shortages and our own agency shortages, stretching staff thin.
- Change by SHA to no longer allow distribution of pipes, and "1 for 1" policy for needles

Trends in Clientele:

- Safe housing options continues to be an ongoing theme for those who fall into the low-income category. Housing pressures continue to grow
- Transportation is consistently the biggest challenge our clients face
- There seems to have been an increase with suicidal ideation, self-medicating, and suicide attempts in our crisis workload.
- The stigma around mental health still seems to be lingering causing a barrier to accessing supports before crisis happens. This is especially true for those experiencing family violence and for those who are struggling with suicidal thoughts

Emily Britz, RSW



Triple P Parenting Report 2023-2024 Year in Review

The Triple P Program is a combination of five smaller programs which include Seminars, 8 Week Group, Primary Care, Teen Primary Care and Discussion Groups. In the Humboldt and Area Primary Care and Discussion Groups appear to be the preferred choice. The Triple P Program receives referrals from Health Care Professionals, School Staff and by clients themselves.

Triple P has been busy this fiscal year. Triple P continues to be available to our clients in person, by zoom or phone call appointments. The Triple P Program continues to be offered to clients in the Family Resource Center and the program resources are available to all families at the center. As the facilitator I am available to connect with parents accessing the center to discuss a variety of parenting concerns in an informal setting. Parents are seeing results from this evidence-based program and often go on to suggest it to friends.

Primary Care continues to be a well utilized intervention, with visible results. It has had a full case load throughout the year, with families waiting for a spot at times. To reduce the wait time, Emily joined me in providing Primary Care to Ministry files as needed. This program gives parents an opportunity to focus on their specific struggles and develop a parenting plan to suit the family. When possible, parents opt for the in-person program, while others are grateful to have the zoom option. Triple P has seen an increase of families accessing Triple P via zoom when they live outside of our community.

Teen Triple P has helped parents find positive strategies to navigate teen behaviors while maintaining family values. This program has seen an increase as surrounding communities become aware of it. The online Triple P and Teen Online continues to be an option, with families opting for weekly phone support. This has been beneficial in helping them complete all the modules and following through with goals they set.

Kathy Seipp, Triple P Facilitator



Humboldt Early Years Family Resource Centre (HEY FRC) 2023 – 2024 Year in Review

The Humboldt Early Years Family Resource Centre (HEY FRC) is a free, safe, and welcoming space for families to play, learn, and grow together. We provide high quality and developmentally appropriate experiences for children (0-5) and their caregivers. We collaborate with families to provide support, resources, and connect them to the necessary services that they may require.

Kathy Seipp offers the Triple P program out of the HEY FRC. The Centre provides a safe, neutral, and non-clinical space for families to receive service and we are often a place that the families come to utilize on a regular basis.

Successes:

Over the past year we have developed several successful pilot programs in response to requests and/or concerns that have been communicated by families:

- Dolly Parton's Imagination Library (DPIL): after soliciting sponsorships and securing grants, we became the registration hub for DPIL in Humboldt – a free book gifting program designed to inspire a love of reading in children aged 0-5 and their families.
- HEY Playschool: a registered 5-week session designed in response to expressed concerns about separation anxiety and regulation skills. This program is broken into 3 parts including family bonding, independent classroom time devoted to social skill development, and parent talk.
- Mom Moment: 1 morning/week registered 1-hour private sessions with Alina Lowenberger from PARTNERS to support Maternal Mental Health. Children are cared for by HEY FRC staff to ensure that access to childcare does not hamper individuals accessing support.
- Humboldt & Area Family Group: a safe place for families of children with diverse or additional needs (cognitive, physical, social, emotional) to gather and provide emotional support, build friendships and share knowledge. This is a partnership with Community Services and Humboldt Community Newcomers Centre.
- Infant Massage: 5-week session where parents learn massage strokes to help with circulation, digestion, colic, teething and relaxation while also understanding how to read their baby's cues and bonding both with the baby and with each other.
- We expanded our hours to include one evening a week and Saturdays to increase accessibility.

Over the past year we have nurtured partnerships for joint programming with Reid Thompson Public Library, Humboldt & District Museum and Gallery, Public Health, Impact Dance, A-List Dance, YJ Art Therapy, Community Services, Humboldt Newcomer Centre, and Connexus Credit Union. We continue to enjoy existing partnerships with Naturopathic Doctor Megan Parker, Arts Humboldt, Autism Services and Regional KidsFirst.



We continue to see new families accessing the space as well as many families returning to support each other and build friendships. We have become a trusted source for many families to access ASQ screening, referrals for outside support such as speech and language pathologists, Autism Services and Pre-K information and registration assistance.

Challenges:

The needs of our community are constantly evolving so we continually learn as we go and adjust our programming and schedule as we are able.

We continue to hear that transportation to the HEY FRC is an issue. In response we have introduced taxi vouchers for families within Humboldt and created an Outreach Program that includes Pop-Up programming at the Community Gathering Place once a month and travelling to communities within a 50 km radius to offer sample programs. These have not been well attended and we are actively pursuing strategies to generate awareness for our services and opportunities for everyone to attend.

Multiple requests for prenatal programming have been received, but to date we have been unable to access the proper services to create one. We continue to pursue all avenues to create this opportunity.

Goals:

We will continue to seek input from community members and pursue community partnerships that will help develop relevant programming for our area.

Over the summer we will be building our Outreach Program with adventures in the parks and by creating a virtual presence that will help generate awareness. This will include a 'Virtual Kitchen' created in partnership with the Humboldt Food Bank. We will also be creating a lending library of activities to target developmental areas that families can work on at home.

We are excited about the growth we've seen in the past year and look forward to new opportunities in the coming year.

Katherine Pulice, FRC Coordinator



Integrated Youth Services Program Report 2023-2024 Year in Review

This year was exciting as PARTNERS Family Services began the process of starting Integrated Youth Services. We have partnered with the Ministry of Health and the backbone agency, John Howard Society to implement these services in Humboldt. Integrated Youth Services is a national and international movement, aimed at transforming how youth and their caregivers find and access the resources, services, and supports they need. Integrated Youth Services offers rapid access to evidence-based, integrated, culturally safe, and youth-targeted services and supports, with a focus on prevention and early intervention, for youth aged 12 to 25.

Integrated Youth Services include a range of core services and supports, typically:

- Mental health and addictions services.
- physical health services.
- education, employment and training support.
- social and community services.
- youth and caregiver peer support.
- cultural and traditional supports; and
- other services as identified by community need.

As the only rural site chosen for this program, the diverse needs of the youth in our community can be met in one central location. We will be partnering with other community organizations such as Humboldt Regional Newcomers Centre, Carleton Trail, primary care physicians, Harm Reduction, Big Brothers Big Sisters, The PRIDE Network of Humboldt, etc. in order to have all services for youth in one location.

We have renovated a building to hold these services and have a safe space for youth. The renovations were scheduled to be completed by the end of March 2024, however, there were delays due to issues with branding colors and such for painting so that put us on hold. We have hired for the majority of the positions needed for IYS except for the Peer Support workers who will hire once we are at the new location. Most staff were internal candidates as there was a lot of interest, expertise and passion from some of our current staff. We have been working on engaging stakeholders within the community and building connections with other local agencies. Youth engagement will be starting in the new fiscal year, and we are excited to have youth voices to be brought to the table when discussing future youth services.

**Jackie Otsig RSW, Program Manager and
Katrina Hodgson BSW, Mental Health and Addictions Counsellor**

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